

Services and User Guide

Individual Counseling

Individual counseling is a process of identifying problems, self-understanding, and finding concrete solutions through consultations with counseling experts. The sessions can cover various issues such as difficulties in career, interpersonal relationships, cultural adaptation, emotional issues, family relationships, and romantic relationship issues.

An essential psychological diagnosis (YSQ*) is conducted when students apply for individual counseling, and the results are interpreted to help resolve their problems.

* YSQ (Yonsei Screening Questionnaire) is a questionnaire composed of questions to determine psychological difficulties in various areas.

01

Apply Online
(Web site)



02

Visit the center

Complete the YSQ
and Intake Interview)



03

Counseling or
advice for
psychiatric
treatment



04

Counseling:

- Get assigned to a counselor
- Schedule counseling appointment



05

Personal
Counseling

Group Counseling

Group counseling is a process in which a group of people with similar interests communicate together to promote understanding under the supervision of a counselor. The program covers various issues such as self-understanding, self-expression, career exploration, and improving interpersonal skills. Please check the announcements on YSCEC and Yonsei counseling Center website every semester. You may participate by applying online.

01

Announcements are made on the
school and Counseling Center
website every semester.



02

Apply Online
(Website)



03

Group Counseling



Address

Yonsei University Ethics and Human Rights Committee Psychological Counseling Center
Baekyang Hall N 408



Phone Number

02-2123-6688



E-mail

counsel_english@yonsei.ac.kr



Time

Mon~Fri 09:00~17:20